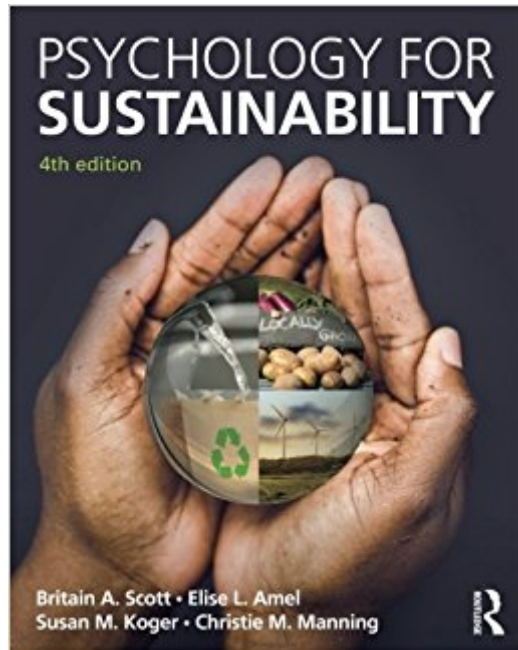




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# Psychology For Sustainability: 4th Edition



## Synopsis

Psychology for Sustainability, 4th Edition -- known as Psychology of Environmental Problems: Psychology for Sustainability -- applies psychological theory and research to so-called "environmental" problems, which actually result from human behavior that degrades natural systems. This upbeat, user-friendly edition represents a dramatic reorganization and includes a substantial amount of new content that will be useful to students and faculty in a variety of disciplines and to people outside of academia, as well. The literature reviewed throughout the text is up-to-date, and reflects the burgeoning efforts of many in the behavioral sciences who are working to create a more sustainable society. The 4th Edition is organized in four sections. The first section provides a foundation by familiarizing readers with the current ecological crisis and its historical origins, and by offering a vision for a sustainable future. The next five chapters present psychological research methods, theory, and findings pertinent to understanding, and changing, unsustainable behavior. The third section addresses the reciprocal relationship between planetary and human wellbeing and the final chapter encourages readers to take what they have learned and apply it to move behavior in a sustainable direction. The book concludes with a variety of theoretically and empirically grounded ideas for how to face this challenging task with positivity, wisdom, and enthusiasm. This textbook may be used as a primary or secondary textbook in a wide range of courses on Ecological Psychology, Environmental Science, Sustainability Sciences, Environmental Education, and Social Marketing. It also provides a valuable resource for professional audiences of policymakers, legislators, and those working on sustainable communities.

## Book Information

Paperback: 442 pages

Publisher: Routledge; 4 edition (August 12, 2015)

Language: English

ISBN-10: 1848725809

ISBN-13: 978-1848725805

Product Dimensions: 7.4 x 1 x 9.2 inches

Shipping Weight: 1.8 pounds (View shipping rates and policies)

Average Customer Review: 4.6 out of 5 stars 3 customer reviews

Best Sellers Rank: #60,034 in Books (See Top 100 in Books) #101 in Books > Medical Books > Psychology > Applied Psychology #103 in Books > Textbooks > Science & Mathematics > Environmental Studies #212 in Books > Science & Math > Nature & Ecology > Conservation

## Customer Reviews

Britain A. Scott is Professor of Psychology at the University of St. Thomas. Elise L. Amel is Professor of Psychology and Director of Environmental Studies at the University of St. Thomas. Susan M. Koger is Professor of Psychology at Willamette University in Oregon. Christie M. Manning is Associate Director of the Educating Sustainability Ambassadors program and a Visiting Assistant Professor of Environmental Studies at Macalester College.

Good review of theory and some interesting research. But what about some actual examples using known marketing and UxD methods?

What I appreciate most about this textbook is the readability and practicality of the psychological terms and information presented. Many theories are rooted in real world examples that help the reader understand the application of these theories in everyday experiences. I find myself consistently drawing on information learned from this textbook in both academic and non-academic settings. This realization is consistent with the underlying focus on the importance of systems thinking highlighted throughout this text when understanding the psychology of sustainable behavior and living. Overall, this is a particularly useful textbook for someone new to psychology and interested in sustainability.

An extremely influential read.. highly recommended for anybody interested in better understanding what propagates today's environmental issues and how to fix them. Specifically using a psychological lens to view these problems, you're sure to learn something new, interesting, and personally applicable. The theory and ideas presented in this book can span a multitude of academic and worldly fields. Definitely a book I'll keep on my bookshelf.

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